

Borderless Dentists August 2018



Lukas and I travelled together to Thailand to join Borderless Dentists to help refugees from Myanmar with dental care. Lukas is a friend from dental school. Dr. Taka is the founder of Borderless Dentists. The other members of our team were Judit from Spain and Rina from Hong Kong. We didn't know each other before, but our teamwork

was great. We were based in Mae Sot and from there we visited several schools, the Mae Tao Clinic, a refugee camp and orphanage Heavenly Home.

I have done several volunteer projects. The reason I do volunteer work is to really help people. The appreciation those people give you is priceless. The dental care you give here is totally different compared to back home, but way more valuable. This project is very special for a few reasons.

First of all, dr. Taka is super kind and gives all his love and energy to this project.



He is very passionate about helping and teaching people.

Second, the harrowing situation of the refugees makes the help you can give



more meaningful. The situation is terrible for them, so they need every help. Then you also realise dentistry is just dentistry; there are way more important things in life. Even though we can't change their situation, it was a pleasure to help them.

The most special days were when we visited the orphanage Heavenly Home. A couple takes care of around 85 orphans. The children are very

well raised and educated. They all work and play together and most important of all, they all help and respect each other. Also during the dental treatments, no children cried and everybody helped each other. In the end of the day the small children sang songs together which was really wonderful and even emotional to watch!

With our team we did great work, we had a lot of fun together and had some meaningful conversations. Special thanks for dr. Taka for organising the whole project. Without him there is no Borderless Dentists. I strongly recommend to join this project!

Sjoerd van Beek

